

# NUUs Letter

Volume 21, No. 1 – May 2019

Northwoods Unitarian Universalist  
Fellowship

8625 Peggy's Lane, P.O. Box 1881,  
Woodruff, WI 54568

715-356-3908 ~ [www.nuuf.com](http://www.nuuf.com)



## *We are a Welcoming Congregation* Sunday mornings at 10 a.m.

*Unitarian Universalists* believe more than one thing. We think for ourselves, and reflect together, about Life's important questions.

.. Our beliefs are diverse and inclusive. We have no shared creed. Our shared covenant supports "the free and responsible search for truth and meaning." Though *Unitarianism* and *Universalism* were both liberal Christian traditions, this responsible search has led us to embrace diverse teachings from Eastern and Western religions and philosophies.



We light this chalice for the light of truth.  
We light this chalice for the warmth of love.  
We light this chalice for the energy of action.

## UPCOMING SERVICES

**June 9, Betsy Schussler, "How the Buddha Survived the Tempest"**

**June 23, the Rev. Phil Sweet**

## ADULT RELIGIOUS EDUCATION

Sunday mornings at 10 a.m. alternating with our regular Sunday services

June 2, "Thinking about Religion and Violence," lectures 11 and 12: "Heresies and Their Suppression" and "Religion and Just War Theory."

June 16, lectures 13 and 14: "Peace as a Religious Ideal" and "War Gods and Holy War."

June 30, lectures 15 and 16: "Religious War in Israel" and "Religious War in India"

## DISCUSSION GROUPS

### **Men's Discussion Group meets on Tuesday, June 11, at 6 p.m. at the Fellowship**

All men of the fellowship are invited to attend this potluck followed by discussion led by Frank Patin.

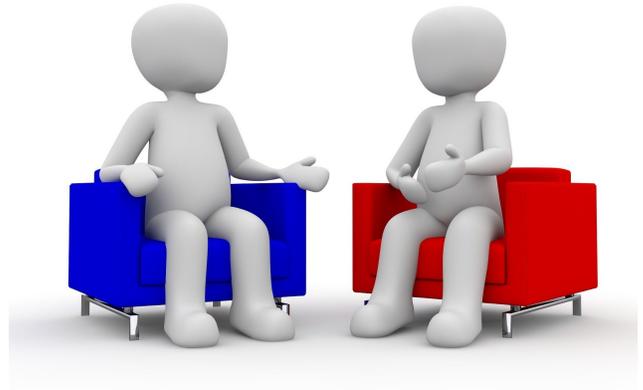
**Need a volunteer to bring the main course.**

***Participants need to bring a dish to pass as well as drinks of your choice.*** New members welcome.

Contact Dick Fields, [dmafields@yahoo.com](mailto:dmafields@yahoo.com), for more information or to bring the main course.

### **Women's Evening Discussion Group meets Tuesday, June 11, at 6 p.m. at the Fellowship in the Dr. Cline Room**

All are invited to attend this discussion. No food is served. New members welcome. Contact Natalia Graf-Jones, for more information.



### **Daytime Women's Group meets the 4th Tuesday at 10am at NUUF.**

The June 25 discussion topic is "How have our foods and mealtime changed since our youth?" Many of us go out to lunch together after the meeting.

## MILESTONES

Lynn Deinard	06-03-
Kas & Don Roberts	05-06-
Ethan Cummings & Jessica Rosenberg	06-07-
Richard Thieret & Wenda Sheard	06-16-
Stephanie Perkins	06-18-
Lynn and David Deinard	06-21-
Sue Ferguson	06-23-
Faye and Lee Calvey	06-24-
Cheryl Meier	06-26
Betsy Schussler	06-28-
Alan VanRaalte	06-28-
Barbara Bratcher	06-30-

Do you see a mistake that can be corrected? If so, please contact Candy Sorensen at (715) 892-2997 or [sorencan@yahoo.com](mailto:sorencan@yahoo.com) Thanks!

## ANNOUNCEMENTS

For distribution of announcements between newsletters or email/address corrections, contact Candy Sorensen at [sorencan@yahoo.com](mailto:sorencan@yahoo.com)

Our UU Fellowship needs you to volunteer to bring snack and/or be a greeter. Snacks do not have to be elaborate.  
Consider volunteering for a Sunday in May or June.  
Thank you.

**The Social Justice Committee is seeking new members.** As you know, social justice has always been and continues to be at the heart of Unitarian Universalism. Each year NUUF sponsors a community-wide program to commemorate Martin Luther King, Jr. Day of Service. We would like to continue and broaden our efforts. Many of you are involved in ongoing social justice activities and would bring much needed energy to our shrinking committee. Please consider joining us.

Our next Social Justice Committee meeting is on May 19 at 11:30 a.m. after the service. Anyone is welcome to attend and we are asking for new members.

Nancy Johnson, Committee Chair  
naperjo@yahoo.com

## UPCOMING EVENTS

- Frederick Place in Rhinelander has a sizeable number of dates open for meals. If you can help out with one of these dates you can either call Frederick Place at 715-369-9777 or email Tammy Modic at [tammymodic.frederickplace@gmail.com](mailto:tammymodic.frederickplace@gmail.com)
- This is an invitation to the **Dillman's Creative Arts Retreat Open House** on Sunday June 2, 2019 from 1 - 3 pm (Lac du Flambeau). NUUF member, Sharon Reilly will be giving a demonstration during the event at 1:45pm in Studio 1. This FREE, FUN FAMILY event also includes complimentary beverage and snack reception and Door prizes announced at the top of each hour. Following the art demos, Warren Nelson and Ed Willett will be performing a Live at the Lake Concert under the Tent from 3-4:30 pm.
- The next **Fair Trade day** at NUUF is Sunday, June 9. If you want to pre-order coffee or chocolate in quantity (such as a box or case), please email me by this Sunday evening Sunday, June 2 at [david.barnhill.925@gmail.com](mailto:david.barnhill.925@gmail.com) so we can send in the order. Orders for chocolate will not be available until October.  
NOTES: >> Be sure to specify ground/drip or whole bean.  
>> Note the difference between a BOX of six 10-12 oz. bags, and a CASE of five 2 pound bags.



Item # \_\_\_\_\_

Friday, June 28, 2019

**Absolutely Audacious *Annual* Auction**

Offer a Meal, an Event, or an Item. Please fill out one offering per page. Thank you!

Name of Donor \_\_\_\_\_

Phone Number \_\_\_\_\_

Email Address \_\_\_\_\_

Meal/Event/Item Title \_\_\_\_\_

Maximum number of people included (besides your family) \_\_\_\_\_

Children Included? Yes \_\_\_\_\_ No \_\_\_\_\_

Minimum Bid (if you want) \_\_\_\_\_ (per person)

Date of Meal or Event \_\_\_\_\_ Bad weather date \_\_\_\_\_

Description of the Meal, Event, or Item \_\_\_\_\_

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Return Form in person, or phone, or email  
by Sunday, June 23  
to

**Ted Rulseh** (715) 277-4094/ [trulseh@tircommunications.com](mailto:trulseh@tircommunications.com)

- Ascension Koller Behavioral Health will be offering **Mental Health First Aid training** at Saint Mary's Hospital on July 22, 2019 and November 18, 2019. This groundbreaking eight-hour training course gives people the tools to identify when someone might be struggling with a mental health or substance use problem and to connect them with appropriate support and resources when necessary. One in five Americans has a mental illness, but many are reluctant to seek help or might not know where to turn for care. Unlike physical conditions, symptoms of mental health and substance use problems can be difficult to detect. For friends and family members, it can be hard to know when and how to step in. As a result, those in need of mental health services often do not get them until it is too late. Just as CPR helps even those without clinical training assist an individual having a heart attack, Mental Health First Aid prepares participants to interact with a

person experiencing a mental health crisis. Mental Health First Aiders learn a 5-step action plan that guides them through the process of reaching out and offering appropriate support.

“Through this program, we hope to take the fear and hesitation out of starting conversations about mental health and substance use problems,” says Linda Rosenberg President and CEO of the National Council for Behavioral Health, which helped bring Mental Health First Aid to the U.S. in 2008. “When more people are equipped with the tools they need to start a dialogue, more people can get the help they may need.”

For more information or to participate in a Mental Health First Aid training in Rhinelander, visit [www.mentalhealthfirstaid.org](http://www.mentalhealthfirstaid.org) or contact Angela Kirkham, RN at 715-361-4876 or [angela.kirkham@ascension.org](mailto:angela.kirkham@ascension.org)

- **MOVIE NIGHT:** The Hospitality Committee hosts movies on the third Tuesday of the month. The next movie night will be Tuesday, June 18. Come at 6 and movie will start around 6:30. Bring your own snacks, drinks or even your dinner.
- These all take place at **Marywood Franciscan Retreat Center** in Arbor Vitae. Suggested donation/fee -\$10.00 per class. Register by phone, (715) 385-3750.
  - Monday, June 10, Seek First to Understand, 9:30-11:30 a.m. People don't care how much you know until they know how much you care. How easy is it to assert our own opinions or give advice rather than listen? How well do we listen to the wisdom that is available to us from a multitude of sources? In this workshop you will learn how to improve your listening skills and build trust in your relationships with others as well as yourself.
  - Tuesday, June 25, Who Am I Now?, 9:30-11:30 a.m. “Change is constant. Growth is optional.” When circumstances change, our own identity may be put into question. Children leave the nest. Parents die. Jobs change. During these times, one may wonder, “Who Am I Now?” Based on the work of teacher William Bridges, author of Transitions, learn ways to better understand the notion of change and learn ways to adapt and recreate yourself.

Monday, July 15 Gift of Years (Aging), 9:30 a.m.-noon. Growing older has its challenges. We want to live a long life, but we don't necessarily like the idea of being old. For some, the best of life seems over as early as the age of fifty, yet others still have a zest for life at ninety. What characteristics help one embrace

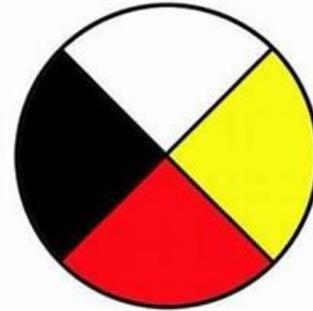
later years? Learn what research has found and walk away with renewed inspirat

# WORLD PEACE & PRAYER DAY



GAKINA-NINGOJI BIZAAN  
IDIWIN MINAWA  
GAGWEDWEWIN GIIZHIGAD

**June 21, 2019 at the  
Indian Bowl, Lac du  
Flambeau**



- Welcome to an all-faith honoring of Grandmother Earth & Sacred Sites**
- **Sunrise Ceremony: Flag Raising & welcome by Tribal President, Joe Wildcat, followed by pancake breakfast**
  - **9:00-10:00 am – Recognize sacred sites: Strawberry Moon Singers, Speakers**
  - **10:30-11:30 am – Unity Circle: Youth Drum, Prayers & Performances**
  - **Noon-1:30 pm – Potluck lunch**
  - **1:30-2:30 pm – Mending Sacred Hoop: Speakers**
  - **2:30-3:30 pm – Open Mic**
  - **3:30 Gifting & Closing Ceremony: Everyone bring a gift to share**

>Guests should feel free to bring lawn chairs.

Partnering religious organizations: Baha'i, St. Matthias Episcopalian (Minocqua), St. Anthony Catholic (Lac du Flambeau), Holy Family Church (Woodruff), Lakeland Believers Church (Arbor Vitae), Congregation of the Great Spirit Church (Milkwaukee), Marywood Spirituality Center (Woodruff)

Other supporting organizations & individuals: Hogan Adams, Ancestral Women, Strawberry Moon Singers, Robin Carufel (Master of Ceremonies), Knights of Columbus (Breakfast), Waaswaaganing Indian Bowl Committee, Youth Drum, Tribal Council for the Lac du Flambeau Band of Lake Superior Chippewa Indians, Peace & Prayer Day Committee, Special Event Committee.

The Lac du Flambeau Indian Bowl is a non-smoking, alcohol and drug free environment. The LdF Tribe is not responsible for accidents, deaths, lost or stolen items

CONTACT: Tinker Schuman 715-614-1152

- **Caritas** is an ecumenical/interfaith group that meets Thursdays 9am – noon to listen to the stories of people who have needs in Oneida and Vilas Counties and offer help when possible. If you can be an empathic listener and want to make a difference in our community and the lives of our residents, this may be the volunteer opportunity for you! If interested, please contact our director, Beth Jacobson at [bjgraphic2@gmail.com](mailto:bjgraphic2@gmail.com).

“I continue to be amazed at the care and creativity of our volunteers. They make a difference for others, but it is we (volunteers) who are most rewarded.”

- The **Northwoods Pride Festival** is looking for some LGBTQ friendly churches to participate in the community resource fair that will be included at the festival being held at Nicolet College June 29. Exhibitors are asked to arrive at 9:30 am to set up. The resource fair will run from 10 a.m. until 1 p.m. There is no cost for a nonprofit organization. Details about the Northwoods Pride Festival can be found at [www.NorthwoodsPride.com](http://www.NorthwoodsPride.com)
- **Combustible Company and The Scott Reed Theater present: “Monster Heart” June 21 and 23 at the Scott Reed Theater.** What is in the heart of a monster? This dreamlike adaptation takes a new look at Mary Shelley’s classic “Frankenstein,” focusing on the life of its author and her relationship to the poet Percy Bysshe Shelley. The love affair of Mary and Percy entwines with the complex relationship of Victor Frankenstein and his creature to explore the making of monsters. Electrifying movement, poetry and puppetry combine to create an unconventional love story that moves from graveyard to laboratory to society salon - revealing the labor of creation, the quest for immortality, the rejection of the "other" and a struggle to love in the midst of it all.



**Combustible Company** is a St Paul-based theatre company founded in 2013 that uses actors’ physicality to create visceral performances that spark the imagination and ignite conversation. Last year they were thrilled to present their original production "Flying and Falling" at the Scott Reed Theater.

## Our NUUF Community

If you know someone who is interested in joining the *Northwoods Unitarian Universalist Fellowship*, please contact Candy Sorensen at [sorencan@yahoo.com](mailto:sorencan@yahoo.com) or call 715-892-2997.

Check out our website <http://nuuf.com>. Also take time to "LIKE" us on Facebook. Click here on [Northwoods Unitarian Universalist Fellowship](#) for direct access if you already have a Facebook account. We're posting pictures, reminders about upcoming events and more.

## EDITOR’S NOTE

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## Newsletter

Hello everyone, I will be compiling the newsletter for the foreseeable future! Please send announcements and updates to me, Carly Ratliff, at [carly.j.ratliff@gmail.com](mailto:carly.j.ratliff@gmail.com) or to Candy Sorensen at [sorencan@yahoo.com](mailto:sorencan@yahoo.com) by June 28 for the May newsletter. It is very helpful if your copy is written exactly the way you want it to read so that it can be copied and pasted. Thank you!

## THE POWER OF WE

### UUA General Assembly

### Spokane, Washington | June 19-23

General Assembly is the annual meeting of our Unitarian Universalist Association. Attendees worship, witness, learn, connect, and make policy for the Association through democratic process. Anyone may attend; congregations must certify annually to send voting delegates. The 2019 General Assembly will be June 19-23 in Spokane, Washington. Most General Assembly events will be held in the Spokane Convention Center.

### **The Power of We**

What do we want Unitarian Universalism to be? It is a time when we are asking big questions in our faith, and GA 2019 will be focused on digging into those questions together. It is a critical chance for congregational leaders and passionate UUs to set new goals and aspirations for our religious community. Help begin to reshape our Association and our congregations in new and powerful ways.

This year's theme is about collective power, "The Power of We," as well as the possibility, the purpose, the struggle and the joy of what it means to be together in faithful community. In the past two years, Unitarian Universalism has recommitted to the work of liberation inside and outside our faith community. The antidote to a time of dangerous dehumanization is a love that connects us to our deeper humanity. Come to Spokane to experience what our shared faith can become when we embrace the Power of We.

### **Registration and Housing Open March 1**

GA Registration and the GA Housing Reservation System open at 9 a.m. PST at [www.uua.org/ga](http://www.uua.org/ga)

### **Spokane**

The Spokane region is the gateway for adventure and exploration in the Intermountain Northwest. Located driving distance from Glacier National Park and Yellowstone, Spokane is nestled in natural beauty.

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Spokane is located on interstate I-90, 110 miles from the Canadian border and 18 miles from Idaho. It is the largest city between Seattle and Minneapolis.

Spokane International Airport (GEG) is serviced by Alaska, American, Delta, Frontier, Southwest, and United Airlines. Nonstop service is offered to 17 destinations, including Minneapolis, Chicago, Dallas, Phoenix, and LAX.

Spokane is accessible by rail via Amtrak's Empire Builder route (Chicago - St. Paul/Minneapolis - Spokane - Portland/Seattle). It is also reachable by Greyhound Bus.

### **Excellent Programming**

GA will offer more than 100 programming selections over the course of five days. This year, in addition to Theme-Based Programming, the schedule will feature Role-Based Track Programming, including time for discussion among attendees, sharing inspiring models and stories, and concrete suggestions for how to further the work or "take it home." More programming details are available at [www.uua.org/ga](http://www.uua.org/ga).

### **Financial Aid Available**

The UUA is committed to the goal of making GA accessible to as many attendees as possible. Go to [uua.org/ga](http://uua.org/ga) in the month of March to learn about scholarships to support delegates - particularly those from marginalized groups - and volunteer opportunities (work in exchange for registration).

## **AMUUSE - Adult Midwest Unitarian Universalist Singles Enrichment**

**P.O. Box 29369, Indianapolis, IN 46229-0369**

**[www.amuuse.com](http://www.amuuse.com), 260-403-2059**

Thousands of SINGLE ADULTS have attended our weeklong vacations over the past 45 years, many of them returning year after year. Our camp program creates a magical feeling of connection, community and support for single adults who sometimes feel isolated and alone. We're sure there are single people in your congregation who would enjoy spending a week with us!

Gwen Valore, President

740-363-4630 [gwencody@hotmail.com](mailto:gwencody@hotmail.com)

Barb Kunz, Registrar

260-403-2059 [campkuntz@gmail.com](mailto:campkuntz@gmail.com)

**Dates for 2019:**

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July 14-20 Camp-Gatherings- Tustin, MI

Aug. 11-17 Camp-High Spirits- Sawyer, MI

Nov 8-10 Tower Hill Fall Weekend Sawyer, MI

The purpose of AMUUSE is to enrich in all ways the lives of single persons. We are dedicated to promoting spiritual, intellectual, and social exchange for all interested single adults twenty-one years of age or over regardless of religion, gender, sexual orientation, race or political persuasion.

## Pastime Club

Dear Friends and Neighbors:

We are pleased to report that the involvement in the Pastime program continues to grow. Word has gotten out about the value of the program to both those with dementia and their caregivers. With your help we have been able to purchase equipment, games and various activities to enhance the lives of those with dementia. We have devoted, trained staff that ensures the days are filled with stimulating undertakings.

Annually, we continue to receive restricted grants from Alzheimer's Foundation of America and Northwoods United Way. We rely on many other organizations and personal donations for the everyday expenses of maintaining a professional staff and other overhead expenses and have been blessed to have the facilities at Ascension Lutheran Church at no cost.

With the growth of participation in the program, we need more volunteers. Perhaps you would care to come for an hour or two to see what is involved. Volunteers choose the day and time - weekly, monthly - as fits their schedule. Mary Anne Kellner, Director, would be pleased to answer your questions. She can be reached at (715) 358-3404 or speak to any of the Board Members.

The Pastime Club would like to thank you for your previous contributions to our mission of providing a caring, enriching program for those with mild to medium dementia in our community. Please consider a tax-deductible donation this year to the Pastime Club. It is a great way to support your local friends and neighbors, who may be dealing with a loved one who has dementia or Alzheimer's disease. We are dependent upon and are appreciative of your donation.

Sincerely,

The Board of Directors

To contribute, please make checks payable to:

Pastime Club, Inc., PO Box 276, Minocqua, WI 54548